

Hartford's Gaudy Divorce Story • Antiques Road Show

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MAGAZINE

## 50 Dishes To Try Before You Die



Connecticut's dining-out  
musts, from hot lobster rolls  
to cook-your-own Kobe

*Two soups in one bowl at Rebeccas, Greenwich*

MAY 2009

\$4.50

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when it comes in contact with dead skin cells. Some spray solutions also include a bronzer dye, which provides immediate results. The "tan" lasts up to a week and costs \$25 a session at Always Summer Inc. in Danbury.

Airbrush tans are applied by a technician and the color can be customized. "It's more even and the technician can mix the best colors for your own skin tone," says Scott Winter, manager of Beach Bum Tanning and Airbrush in Fairfield.

The process takes about 15 minutes and costs \$20 to \$60 at Beach Bum (\$20 for the introductory session, \$40 for visits thereafter and \$60 for add-on sprays meant to improve absorption and longevity).

Winter says his typical customers, women between 25 and 40, come weekly.

Caution: Older, mottled skin may not "tan" evenly, and sunless tans do not provide any sun protection.

## HAIR RESTORATION

Did he or didn't he? Only his hair surgeon knows for sure.

Hair loss is usually hereditary and nothing can be done to prevent it, but for many men and women it is traumatic. For them, advances in hair transplantation are good news. "Years ago, hair transplants had a bad rap. Today, with a good transplant you can't tell," says **Dr. Ivan Cohen, who runs the Cen-**

## ter for Hair Transplantation in Fairfield.

Hair restoration usually involves harvesting hair-bearing "follicular units" from the side or back of the head and transplanting them to areas where the hair has thinned. Today, doctors transplant smaller sections than in the past, sometimes thousands, and pack them more closely together, creating a denser, more natural-looking head of hair.

Hair thickness, color and curl affect the process. Coarse gray hair, for instance, provides better coverage than fine, dark hair, which may require more grafts, according to Cohen.

His typical patient is a male between 30 and 40, but the number of his women patients has increased dramatically in the last year, he says.

In-office surgery involves a local anesthetic. The tiny scabs that form following surgery disappear within a week, and patients with enough hair to cover the scabs may feel comfortable returning to work in a day or two. The grafted hair sheds after a few weeks, and new growth appears three to four months later.

A small procedure could cost \$3,000. A whole head might cost \$15,000 and require multiple sessions.

As with all surgical procedures, the doctor's skill is critical to success, so make sure the surgeon you choose is experienced in all methods of hair restoration.

**Best Contemporary Jewelry**  
- Connecticut Magazine



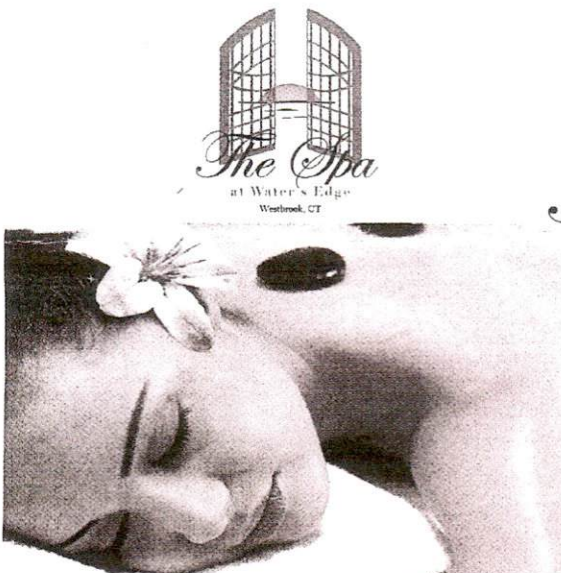
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